**MAHIENOOR ATTARWALA**

Mobile #: 7977661696 / Email ID: mahienoorattarwala@gmail.com



**EXPERIENCE**

* **Online Counsellor at Redockto (June 2020)**
* **Online Counsellor at SOCH (May 2019 – May 2020)**
* **Worked at Indian Cancer Society (November 2017 – March 2018)**
* Camp Coordinator
* Counselling
* Guiding patients
* Maintaining stocks
* Reporting
* Conducting workshops
* **Worked at Aishabai Fazlani Trust in BMC schools (July 2017 – November 2017)**
* Career Assessment & Counselling
* Individual Counselling
* Teaching Life skills
* Conducting workshops
* **Internship at J.J Hospital (August 2016 – March 2017)**

o Psychological Testing and Assessment

* + Diagnosing & Counselling
  + Report writing

* **Internship at Madni High School ( January 2017 – March 2017)**

o Psychological Testing and Assessment

o Counselling

* Aptitude testing and Career Counselling

* **Worked as a tutor in E-Next Academy (April 2015 – April 2017)**

**ACADEMIC DETAILS**

2017 MASTERS IN CLINICAL PSYCHOLOGY

Maniben Nanavati Women’s College

67.15%

2015 B.A PSYCHOLOGY

Maniben Nanavati Women’s College

74.88%

2012 H.S.C

Tapiben Changanlal Lalji Valia Junior College

67.33%

2010 S.S.C

St. Joseph’s Convent High School

69.82%

**COURSES DONE**

* The Complete course on content writing, copywriting and content marketing. (2020)

**WORKSHOPS AND SEMINARS ATTENDED**

* National CRE Workshop on Essential Counselling Skills for Counsellors and Special Educators (2020)
* Workshop on Sensory Integration and Learning skills for children at Prafulta (2017)
* Perspectives in School Psychiatry and Counselling (2017)

* Autism Spectrum Disorders (ASD) ‘Principles & Practices’ (2017)

* Trained in Level 1 Tobacco Cessation Training Peogramme by Narotam Sekhsaria Foundation in association with Mindtemple and Salaam Bombay Foundation (2017)

* Psychophonics – Annual College Fest (2015- 2016)

* National Seminar on Resilience (2014)

* 2nd National Conference of Indian Association of Positive Psychology (2013)

**ACHIEVEMENTS**

* Highest marks in Psychology (2014 – 2015)

* Highest marks in English (2014 -2015)

* Head of organization committee for the annual fest Psychophonics (2015)

* Psychophonics prizes
  + Poster Making – 2nd prize (2016) o Slogan Writing – 1st prize (2015)
  + 3rd prize in Quiz competition (2014)

* 3rd prize in Collage making at Intercollegiate level (2014)

* 2nd prize in Research Competition (2013)

* 3rd prize in debate competition at Intercollegiate level (2012)

* 1st prize in Essay Competition at Intercollegiate level (2012)

* 1st prize in Essay Writing at Regional level Intercollegiate Youth Cultural Festival (2012)

* Consolation prize in Essay Writing at Intercollegiate Youth Cultural Festival (2012)

**RESEARCHES DONE & PRESENTED**

* Depression and Marital Adjustment among Perimenopause and Menopause women: A comparative study (2017)

* Effect of Yoga on Cancer Patients (2014)

* Relationship between Self Esteem and Body Image among Adolescent Females (2014)

* Economic Effects of season on the life of Fishermen (2013)

**HOBBIES**

* Drawing, Painting, Blogging & Writing

**PERSONAL DETAILS**

**Address**: Room no 104, 1st floor, 6, Motiwala bldg, 1st Cross lane, Near Zam Zam restaurant, Phydonie. 400003.

**Marital status:** Married

**Date of birth**: 24th March 1995

**Languages known** : English, Hindi, Marathi and Gujarati.

**REFERENCES**

Anuja Deshpande

Professor of Maniben Nanavati Women’s College

Email ID: anuja185@gmail.com

Amir Ansari

Psychologist at Madni high school

Mobile #: 9619255719